



NHG CUP 2012 RULES AND REGULATIONS

Game Format

- Four minute warm up
- Three 15 minute stop time periods. Running time will prevail if there is a six goal difference at any time during the game.
- Ice will be resurfaced every two periods (some games will start on “old ice.”)
- Each team is allowed one timeout per game (one minute).
- No overtime in pool play.
- Overtime will be used in Championship Round only
 - No rest period, teams will not change ends
 - Five minute running time period – 4 on 4: if still tied
 - 3 player shootout – visiting team shoots first
 - Penalties assessed in regulation will carry over to overtime’
 - At no time will a team have fewer than three skaters during overtime

NHG Cup Rules

- The team listed first will be the home team and first choice of jersey color.
- A maximum of 20 players may be rostered. Players may not be rostered on more than one team. If a player is double rostered, each team the player plays on will result in a forfeit. Goalie exception – if a team is without a goalie due to injury, an alternate goalie may be used with tournament approval.
- All players are required to have a birth certificate on file. Under no circumstances is a player allowed to play “down” an age classification (98 birth year may not play 99 birth year). Players are allowed to play “up” (99 birth year may play 98 birth year)
- All players must have a signed waiver on file prior to playing any game
- Please register your team a minimum of 45 minutes prior to your first game.
- All teams must be paid in full prior to the first game of the tournament.
- Penalties - Minor (two minutes) Major (five minutes) Misconduct (10 minutes)
- Any Fighting penalty will result in NHG Cup disqualification
- Any player receiving four penalties in one game will be asked to leave the game.
- Coaches are directed to tournament officials if game conflict exists. Under no circumstances are coaches allowed to talk to referees after the game to challenge a ruling or game outcome.

Other

- A clock operator/announcer will be present for each game.
- There will be a trainer on-site during the NHG Cup.
- Scores and standings will be posted in the arena
- Tournament apparel will be available for sale throughout the Tournament
- Checking allowed in boys 1999, 1998, 1997
- Slapshots permitted in boys 2001 and older; girls 12U and older
- Tag up for off-sides will be used for boys 2001 and older; girls 12U and older
- All other USA Hockey rules apply.
- Tournament officials have final decision making authority for all game related situations not covered by USA Hockey
- Coaches Hospitality Room will be available for coaches and managers to enjoy snacks and beverages compliments of Northland Hockey Group and its title sponsor.