

WORLD CUP RULES

Four minute warmup followed by three 17 minute running time periods. A one minute break between periods. If the score is within one goal in the final minute the clock will stop on the whistle.

2 points for a win, 1 point for a tie. 1 bonus point for a shutout

OVERTIME WILL ONLY BE USED ON SUNDAY GAMES IF NEEDED

If the score is tied on Sunday, we will go IMMEDIATELY to a 3 on 3 running time overtime for three minutes. If still tied a best of three shootout will occur with the visiting team shooting first.

One 30 second time out is allowed ANYTIME during the game.

Slap shots allowed at ALL levels.

Tag up offsides will occur at ALL levels.

Power plays only- Icing will not be called by the officials as it is running time.