

Coaches, Managers and Hockey Families,

This weekend is rapidly approaching, and we are excited to get the kids back on the ice. As you know, there are restrictions at the rinks we are using. Listed below are best practices for all rinks that can be passed on to the families.

- 1) Teams will be allowed to enter the rink 15 minutes prior their game time
- 2) Teams will be asked to leave immediately following the game, wait outside if weather permits
- 3) Each rink will allow two adults per player to attend the game. **SUPER RINK** is only allowing 20 spectators (excluding three coaches and players). Wrist bands for this can be picked up 30 mins prior by the coach at the front desk (they will have staff present outside helping as well). Coaches will disburse the wrist bands at their discretion.
- 4) Come dressed to the rink. Some locker room space will be outside in hallway to allow for social distancing. Always keep gloves and helmets on once dressed.
- 5) Masks are recommended for all rinks – **SUPER RINK** it is MANDATORY. Coaches and players are required to wear masks into the rink. Once fully dressed, players can remove masks. Coaches can remove masks once on the bench
- 6) Players are to bring their own water bottle and fill it prior to coming to the rink.

This worked extremely well for last weekend's tournament. If everyone follows the guidelines it will make for an enjoyable experience for all AND keep us playing summer hockey.

Game rule changes and guidelines

- 1) No resurfacing in between periods. Resurfacing will happen at the conclusion of the game
- 2) No handshakes. No goal celebrations – Individual only
- 3) No victory celebration. Under no circumstance are players allowed to remove gloves or helmets and pile on the goalie
- 4) Trophies will be handed out to coaches after the game in the conference room – no sharing of trophies
- 5) No team photos
- 6) No timeouts
- 7) No schedules or bracket boards will be available. This can be found at: www.nhgtournaments.com

We realize there are a lot of “nos” here but it's the only way to properly social distance and allow the kids to play games. Thank you in advance for your cooperation.

And As Always

- 1) Practice social distancing in all common areas, bathrooms, and arena grounds
- 2) Please wash your hands for 20 seconds
- 3) Wear a mask in public spaces
- 4) Stay home if you have any COVID symptoms (even if mild). If you have been exposed (even if low risk) inform your team and tournament officials immediately so appropriate measures can be taken.

We look forward to a great weekend of hockey!

The Team at



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www.northlandhockeygroup.com